



Hair & Beauty
September Edition



Kitchen Beautician Magazine

2023

Dr. Airaina Griffith Knight

Vol.8



CONTENTS



12

Dr Airaina Griffith-Knight

4

The Hairy Truth: Why Some People Lose Their Hair When Using Hair Products

6

"Black Women's Integral Role in Shaping the Beauty Industry: A Historical Perspective"

11

Hair Loss in Mature Women

16

Season Of Renaissance

THE COMPLETE Curly Hair Care & Wash Day Journal



ABSOLUTELY
EVERYTHING
CURLY

THE HEAD SPA CLASS

SCALP CARE CERTIFICATION
COURSE

Gain the
confidence and
knowledge you
need to offer
scalp care
solutions to your
clients.

Course Instructor
**RAYSHONE
PHILLIPS**



Online Scalp Care Certification Course

OCT

1th

2023

@theheadspastudio | #scalpsmatter
www.theheadspastudio.com



The Hairy Truth: Why Some Of People Lose Their Hair When Using Hair Products



By Kinky Hair Kulture

A lush, full head of hair is often considered a symbol of health and beauty. Many people invest time and money into various hair products, from shampoos to conditioners to styling aids, hoping to achieve the perfect mane. However, it's a sad reality that some individuals experience hair loss or thinning when using these very products designed to enhance their locks. In this article, we will explore the reasons behind this perplexing phenomenon and offer some tips to mitigate the risks.

- **Ingredients Matter**

One of the primary culprits behind hair loss due to hair products is the ingredients contained within them. Some products, particularly those with harsh chemicals like sulfates and parabens, can strip the hair and scalp of their natural oils, leading to dryness and breakage. Additionally, certain individuals may be sensitive or allergic to specific ingredients, causing inflammation and hair loss as a result.

- **Overuse and Misuse**

Using hair products excessively or incorrectly can also contribute to hair loss. For example, frequent and aggressive use of heat styling tools, such as hair straighteners and curling irons, can weaken the hair shaft, making it prone to breakage. Overusing hair sprays, gels, and mousses can create a build-up on the scalp, clogging hair follicles and hindering healthy hair growth.

- **Product Build-Up**

Product build-up is a common issue that occurs when residues from hair products accumulate on the scalp and hair. This build-up can block hair follicles, preventing new hair from growing properly and ultimately leading to thinning hair. To avoid this, it's crucial to use clarifying shampoos occasionally to remove any build-up.

- **Inadequate Nutrition**

Hair health is closely tied to overall health and nutrition. If your diet lacks essential nutrients like vitamins, minerals, and proteins, your hair may become weak and more susceptible to damage. In some cases, hair loss related to product use may be a symptom of an underlying nutritional deficiency.

- **Stress and Hormones**

Stress and hormonal imbalances can contribute to hair loss, and using hair products can exacerbate these issues. Stress can disrupt the hair growth cycle, causing more hair to enter the shedding phase prematurely. Hormonal imbalances, such as those experienced during pregnancy or menopause, can also affect hair thickness and growth.

Conclusion

While hair products can play a role in hair loss for some individuals, it's important to remember that not all products are created equal. Choosing products with gentle, natural ingredients and using them in moderation is key to maintaining healthy hair. Additionally, adopting a balanced diet, managing stress, and addressing any hormonal imbalances can help improve overall hair health.

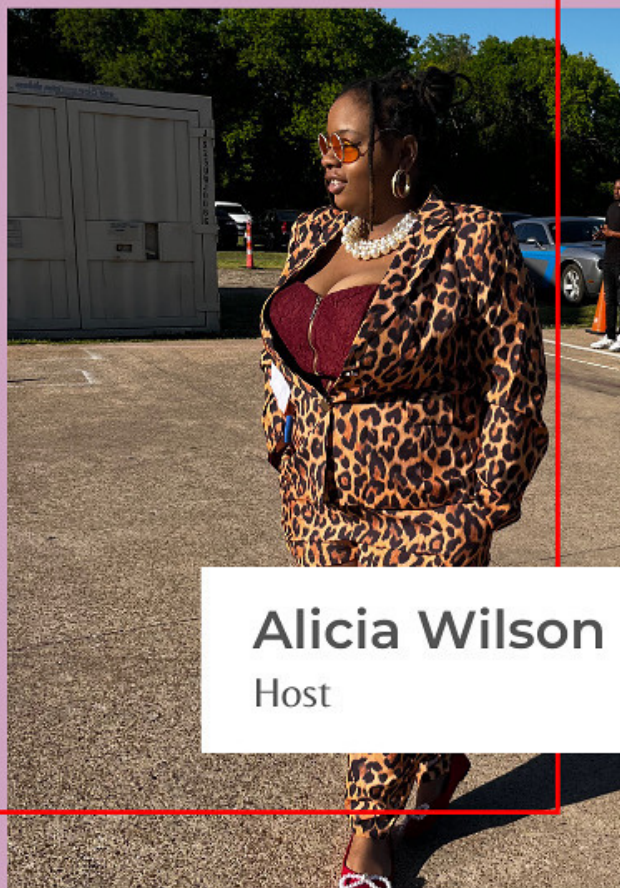
If you notice significant hair loss or thinning that you suspect is related to hair products, it's advisable to consult a dermatologist or healthcare professional. They can provide personalized guidance and recommend treatments to help you regain your hair's vitality.

In the quest for beautiful hair, it's essential to strike a balance between using products that enhance your locks and caring for your hair's natural health. Your hair deserves the best care, and understanding the factors that contribute to hair loss when using hair products is the first step in achieving that goal.

HAIR TALK SPECIAL EDITION



LIVE



Alicia Wilson

Host



Erika Bethea
@honeylocs_salon

Featured Guest



September 19th

7pm CST

THE HAIR CONNECT BETWEEN CONTINENTS!



“Black Women’s Integral Role in Shaping the Beauty Industry: A Historical Perspective”



By Twinnation

In the rich tapestry of history, the contribution of black women to the beauty industry is an often-overlooked chapter. Yet, it's a story that must be told, and Kitchen Beautician Magazine is committed to ending it nsuring it's heard.

First and foremost, it's crucial to acknowledge that beauticians were pivotal leaders in our communities. They wielded the power to communicate, mobilize, and challenge the oppressive forces of white supremacy. The term 'beautician' should not be erased from history; it should be celebrated as an essential force that strengthened our communities. Not only did these women open businesses, but they also generously supported other black-owned ventures, nurturing the growth of our collective identity.

Let's debunk the myth that black women weren't part of the cosmetology license revolution. We were not against change; we were pioneers in the process. Martha Joyner, for instance, emerged as the first licensed black cosmetologist in Chicago and played a key role in writing Illinois' inaugural beauty code. We championed progress in the beauty industry.

During the 1920s, the era of the Great Depression, black women thrived in beauty shops, even as other industries faltered. "Beauty Shop Politics" reveals that despite economic hardship, the number of black women entering the beauty profession grew from 9,700 to 16,300 by 1940. This period witnessed a surge in black-owned beauty shops and beauty schools.

When it comes to the beauty industry and black women, they're inseparable. This industry owes much of its contemporary shape and professional standards to the tireless efforts of black women. Furthermore, black women's influence is evident in the financial realm. According to beautymatter.com, "Black Americans spend \$6.6 billion on beauty and represent 11.1% of the total US beauty market." Despite this, black beauty brands capture only 2.4% of revenue in the overall beauty market, lagging far behind the 11.1% of Black consumer spend on beauty products. This disconnect underscores the need for black women to recognize their significant place in this industry's history.

It's high time we reclaim our heritage, acknowledge our contributions, and embrace our role in shaping the beauty industry. This narrative is ours to own, and it's an integral part of history that deserves the spotlight.

Kinky Hair Kulture

Podcast

Follow, Subscribe, Listen in



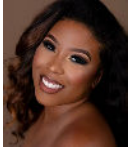
Listen on

Apple Podcasts

facebook



Daily Makeup for the Working Lady:



by Destinee Higgins

01

The key to doing makeup daily is creating a routine. My daily routine consist of Cleansing my face, then adding foundation, highlight, contour, blush and a little eyeshadow to brighten my eyes. For my model we chose to do a very natural base and glammed it up with lipstick and lashes.

Adding lipstick to any look can take it from an everyday office look, with the assistance of some lashes, to a sexy, sultry look for a night out.!

Choosing a foundation can be hard especially when wanting something more natural. If you're wanting a more full coverage application choose a liquid or cream foundation and top it off with powder to set it. If you're looking for a more natural look just use powder foundation. It will give you some coverage but still keep things super natural. STRATEGICALLY apply foundation in sheer layers and build it to desired coverage. Set the makeup! Does it need powder? The result you are trying to achieve is good coverage with a natural appearing finish.

Apply sheer layers of powder throughout the makeup application process and always buff and blend well. Keep a close eye on the nose, around the nostrils, the forehead, under the eyes, and on the inner corner of the eyebrows. (Hot Spots)

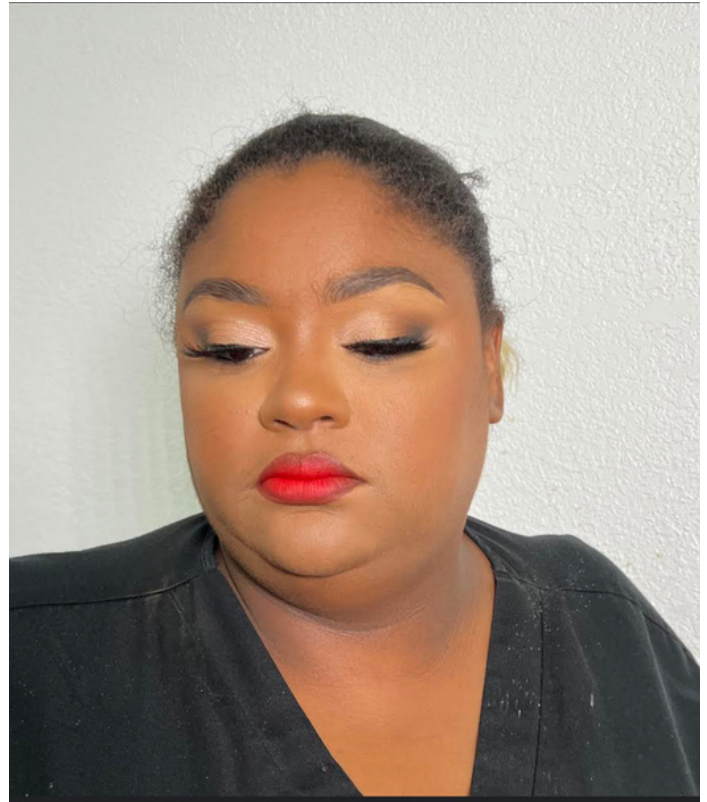
Adding blush to any look instantly brings back life to the face after foundation. Instead of contouring the face out, blush, in this case, will act as our contour. Thus creating a nice soft chiseled look rather than the harsh contour we see on social media.

BLEND AND BLEND AGAIN:
Concealer, foundation and powder particularly.
Buff and blend again and again to achieve polished perfection.

For the eyes we chose a cream color to add the lid and smoke it out with some black liner on the top and bottom lash line. The liner is optional but again it will take your look to the next level.

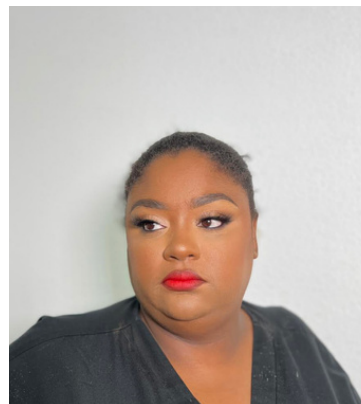
Lashes or mascara?
With the rise in lash extensions, most women now want full voluminous lashes everyday. If you want to keep it natural and quick, grab that mascara and do a few coats until you've reached your desired look. If you want to go the extra mile, throw on some lashes but do not forget to also add a coat of mascara to blend your natural lashes with the artificial lashes.

***Pro tip: TAKE PICTURES OF YOUR MAKEUP WHEN YOU ARE FINISHED.**
By doing this, you'll give yourself the opportunity to see and correct any potential mistakes. Pick a space with good lighting. I prefer natural light. So find a window and snap it up!!



02

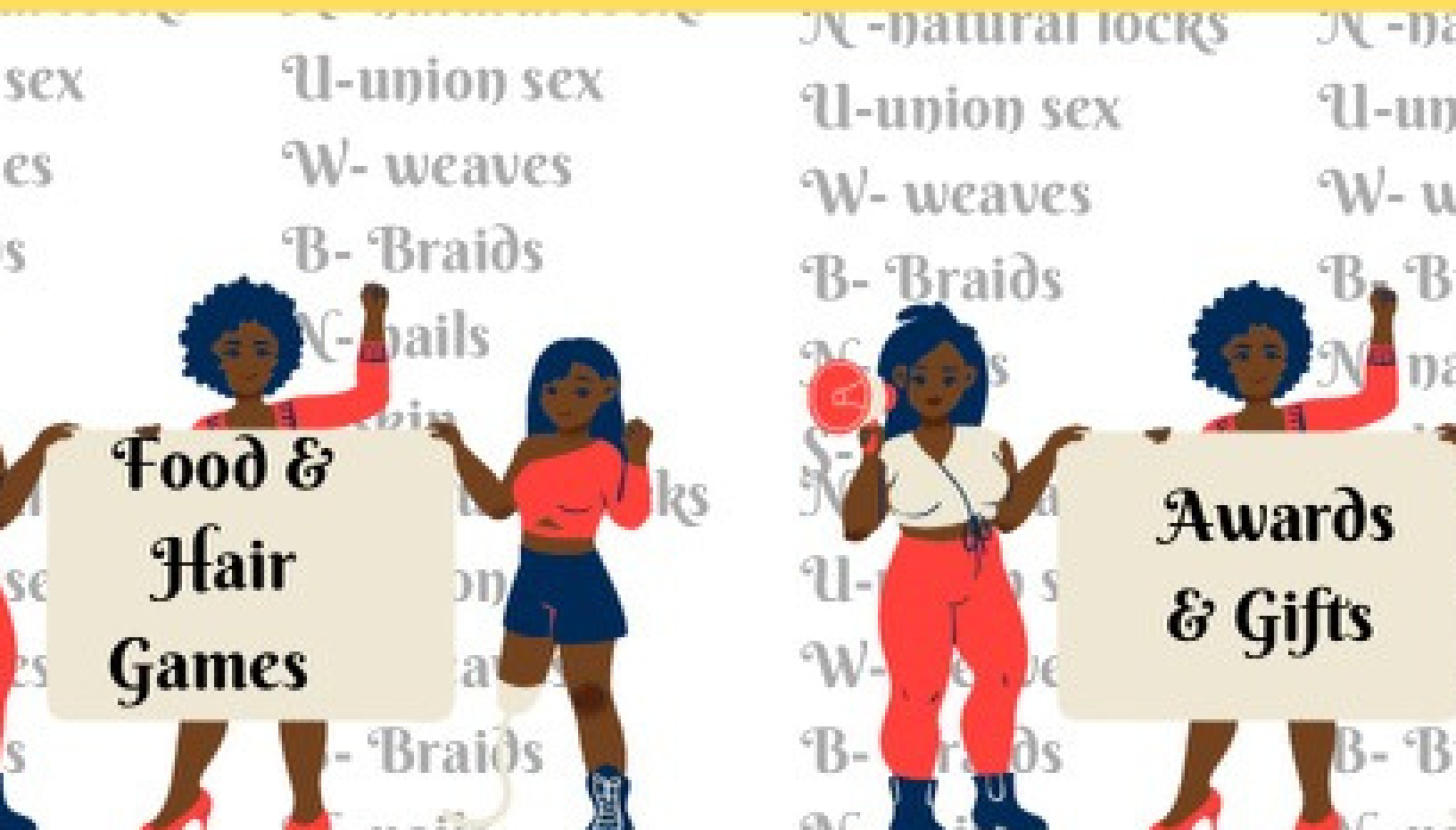
03



Come to our customer appreciation day

NUWBNS HAIR REUNION

Oct 20 6:00pm - 10pm
at Hairloom Academy





It's ok to walk away
By Jade The Blade Anthony

Dear friends, sometime the bravest step you can take is to walk away. It's a declaration of your self worth, and a commitment to your well-being. Remember your happiness and peace of mind matters. Letting go of situations that drain your energy doesn't make you weak; it is a sign of strength and self love. You deserve spaces that uplift you, relationship, that nourish you, and paths that lead you to growth. Trust your instincts, honor your boundaries, and know that walking away is a powerful act of self preservation. Embrace the freedom it brings in create room for better things to enter your life. Your journey is about becoming the best version of yourself, and sometimes that means choosing a different path. Keep moving forward, you are writing your own empowerment story.

Hair Loss in Mature Woman



By Dr. Gaby



Every woman dreams of a glorious mane that exudes vitality and confidence. However, as women age, many find themselves facing a common and distressing problem: hair loss. Hair loss in mature women is a subject that often goes unspoken but affects millions worldwide. In this article, we delve into the causes, solutions, and empowering stories of women who have battled this issue to regain their self-esteem and hair health.

While male pattern baldness is widely discussed, female hair loss remains somewhat enigmatic. For mature women, hormonal changes during menopause can significantly impact hair health. The decrease in estrogen levels and increased sensitivity to androgens can lead to hair thinning and even bald spots.

To tackle hair loss, it's crucial to understand the culprits. We explore some of the common causes:

Genetics: Family history plays a role in hair loss. If your mother or grandmother experienced thinning hair, you may be more prone to it.

Hormonal Changes: As mentioned earlier, hormonal imbalances can trigger hair loss. Consultation with a healthcare provider to manage these imbalances is essential.

Stress: Chronic stress can contribute to hair loss. Learning stress management techniques can help mitigate its effects.

Nutritional Deficiencies: A balanced diet rich in essential vitamins and minerals like vitamin D, biotin, iron, and zinc is crucial for healthy hair.

Medications: Some medications, such as chemotherapy drugs, can cause hair loss in women.

Hairstyles and hair treatments: Tight hairstyles, such as braids and ponytails, can cause hair loss in women. Chemical treatments, such as hair dyes and relaxers, can also damage hair and lead to hair loss.

Mature women experiencing hair loss often seek quick fixes, but it's essential to remember that reversing the process takes time. These lifestyle changes all work to some extent:

Healthy Diet: Incorporating nutrient-rich foods like fruits, vegetables, lean proteins, and whole grains can help improve hair health from the inside out.

Stress Reduction: Engaging in relaxation techniques such as yoga, meditation, or mindfulness can reduce stress levels, preventing further hair loss.

Scalp Care: Regularly cleaning and moisturizing the scalp can promote hair growth. Scalp massages can also stimulate blood circulation to the hair follicles.

Sometimes, lifestyle changes alone aren't enough, and someone may need to seek professional help. Dermatologists and hair specialists can diagnose the root cause of hair loss and recommend effective treatments.

Treatments: Topical minoxidil and finasteride can help slow or stop hair loss in women.

Low-level laser therapy: This treatment uses a special device to stimulate hair growth.

Empowering Stories

Our article would be incomplete without the inspiring stories of women who have successfully battled hair loss. These stories serve as a beacon of hope and motivation for others.


Kendra's Journey to Confidence: Kendra, a 58-year-old woman, struggled with hair loss for years. With the support of her dermatologist and a tailored drugtreatment plan (topical minoxidil and laser therapy), she regained her lush locks and confidence.

Monique's Nutrition Plan: Monique, at 50, had her bloodwork done, which revealed several deficiencies. Taking nutritional supplements restored her vitamin D and iron levels, as well as eating a balanced diet rich in essential vitamins and minerals (such as biotin and zinc). As a result, she experienced healthy hair growth.

LaKeisha's Natural Remedies: LaKeisha, at 63, embraced natural remedies like castor oil massages and aloe vera. Through patience and dedication, she witnessed significant hair regrowth.

Michelle's Hair Restoration Surgery: Michelle, at 55, opted for hair restoration surgery to address her hair loss. Her transformation was a testament to the advancements in medical technology.

Hair loss in mature women is a challenging issue, but it's not insurmountable. It's essential to remember that hair loss is a common part of aging, but with the right knowledge, lifestyle changes, and support, women can regain their self-esteem and flaunt their beautiful hair once again.

A portrait of Dr. Airaina Griffith-Knight, a Black woman with her hair styled in braids, smiling. She is wearing a red and white patterned top with a gold star-shaped necklace. The background is a plain, light grey color.

HAIR EXPERT
DR AIRAINA
GRIFFITH KNIGHT

Dr. Airaina Griffith-Knight wears many hats in the hair industry. She is a cosmetologist and trichologist, running a hair rejuvenation clinic called Lock House Salon and a hair school named Hairlooms, which she founded in 2001. In addition to her hair-related roles, Dr. Griffith-Knight is also a psychologist. We recently had the opportunity to ask her a few questions, and our conversation went something like this:

1."How did your journey into the world of natural hair begin? What inspired you to become a hair activist, and what does hair activism mean to you?"

My journey into the world of natural hair, I think, occurred on three levels. First, I just remember my mom used to always do my hair naturally. I guess I have natural hair, and braiding then came back in when I went away to college. Someone asked me who braided my hair, and I told her that I did. She asked me if I could braid hers, and then, you know, it became that little side job, that side hustle. I think I flunked out of college maybe like four times trying to keep up with it and being a side hustle.

Actually, when I went to Africa, something happened, and I got really excited because I thought I was going to see a lot of Afros and exotic natural hairstyles in braids and more. So back then, I carried this idea that I was going to see all of that, but I didn't. So I had been to cosmetology school by the time I went on my first stop in Mecca, back to the continent, and I saw a lot of them. What they taught us was damaged hair. Do you know when there's a pigment that's missing, and the other two pigments remain? It kind of throws a cast on the hair, and I saw a lot of that. That's when it turned me into some scientist. I wanted to find out why this occurred and how it could be prevented. That's when I embarked on the preservation of natural hair. Because one thing that I was able to see is that natural hair was something that didn't need to be relaxed to be braided. So that was my first real coming in contact with activism."

"2.) Could you please share your educational journey and how you embarked on your career in education?"

Alright, I'd be happy to share my educational journey and how it influenced my career. I believe that hair activism and my avocation do overlap to some extent. Now, the last part of your first question was about what hair activism means to me. To me, it means taking a stand and creating professions that can sustain us, especially as we grow into adulthood."

"3.) What motivated your decision to specialize in education within the context of natural hair?"

My trip to Africa was profound in driving me towards this specialization because I witnessed extensive hair damage that turned me into something of a mad scientist. Once I identified the problem, it felt like I had to be both the solution and the answer to the research I had discovered. It all had to come together. My education actually filled in the space for what needed to happen."

4) Can you shed light on the intricate politics surrounding natural hair?

Not really, as I can't delve into politics specifically related to natural hair. However, I can share some general insights. In some cases, people argue that you don't learn enough about natural hair in cosmetology programs. Additionally, there's a perception that natural hair is sometimes not considered professional in certain settings. Interestingly, in some states, you don't need a license to practice natural hair care; it's considered a career rather than just a hustle or business. This means you can work, pay taxes, and plan for retirement in this field."



5)"How do you react when someone suggests that adding hair to black hair is not natural?"

Honestly, nothing surprises me anymore when it comes to what people say and do with hair. I believe there are many other treatments and practices applied to black hair that could be considered unnatural. For me, extending hair has always been a practical solution, rather than something unnatural. That's my perspective on it."



6)Can you elaborate on the significance of having a natural hair license within the industry? Also, could you explain how you helped North Carolina establish the natural hair license?

"The significance of having a natural hair license within our industry is quite profound. Reflecting on our history when we were essentially outlawed, it means having legal protections and standards in place. This was especially important before the Crown Act. While the fight is similar, obtaining a natural hair license represents a different stage.

What a natural hair license does is provide a professional framework for us. It allows us to build a legitimate career, just like any other profession. Over 20 or 30 years, we can work and eventually retire with rights and benefits. Without this license, we lack the recognition as professionals in our field, making it challenging to hone our craft. It's akin to being a teacher, nurse, or attorney—where you study, obtain a license, work in the field, contribute to retirement plans, pay taxes, and insure yourself. You can find employment, get insurance, invest in a 401(k), or set up a pension plan because you are a certified professional.

For my part in helping North Carolina establish the natural hair license, I was able to share my thesis with policymakers. This demonstrated my expertise in the field of professional licensing for natural hair care, and it played a role in shaping the legislation."

7) Please explain the importance of distinguishing between a natural hair license and a cosmetology license.

In the context of a natural hair license versus a cosmetology license, there's a significant difference. When I initially wanted to work in a salon, they insisted I needed a cosmetology license, as they were primarily responsible for salon work and had a well-established industry.

Cosmetology primarily covers topics like skin care and makeup, focusing on enhancing and beautifying. The core idea is taking care of and maintaining the features you're enhancing. For hair, it means cleansing it, making it malleable, and then applying color or other treatments. But what if someone didn't want enhancements? What if they preferred their hair in its natural state? This is where natural hair care comes into play.

Natural hair care emerged for those with curly hair who didn't want to add color or chemical treatments; they simply wanted to understand and manage their natural hair. This need was overlooked by the cosmetology industry.

In North Carolina, some cosmetologists became concerned that braiders were taking away their customers and revenue. People who didn't want enhancements were opting for braids. To address this, they wanted a space for longevity and control within the hair industry.

As someone who only wanted to braid hair in a salon, I was told I needed a cosmetology license. I went to cosmetology school, but I wasn't comfortable with chemical treatments. I didn't like how they felt on my skin, and I felt uneasy working alone without an instructor. I just wanted to do braids.

My journey led me to Africa, where I sought to expand my field of study. I wanted to understand why people chose natural hair care. This eventually led to the natural hair license, which focuses on caring for overly curly hair without using chemicals or enhancements.

Cosmetology licenses are for those who want to add enhancements, like color or chemical treatments, to the hair. It requires knowledge of how to use chemicals safely. So, while natural hair care focuses on maintaining the natural state of hair, cosmetology covers enhancements. That's my perspective on the distinction between the two."

8) Can you tell us more about the organization you're a part of and why it's essential to the hair industry?

I've been a part of the National Beauty Culture League (NBCL) for nearly 15 years, although I can't recall the exact year I joined, it was around 2003 or 2004. I became a member while working on my master's degree to explore advanced education in cosmetology. The NBCL supports career advancement and education in the industry.

9) What distinguishes Hairloom Academy from other hair schools?

Hairloom Academy, spelled HAIRLOOMSN, differs from traditional cosmetology schools. We focus on natural hair care, emphasizing shampoo, conditioner, and signature-based products made from eucalyptus and lemongrass. Our approach is grounded in science, theory-based learning, and understanding the creation and care of natural hair.

10) What are your aspirations for the natural hair industry in the next five years?

In the next five years, I hope the natural hair industry gains recognition as a legitimate profession. Instead of treating it as a hustle, let's build it professionally. We should encourage education, licensing, and the establishment of sustainable salons. This way, professionals can enjoy a long, fulfilling career and retire without the need to keep hustling in their 30s and 40s.



About Kitchen Beautician



Kitchen Beautician: Honoring the Past, Shaping Future ✨ We are thrilled to present Kitchen Beautician, a magazine that pays homage to the rich history of the beauty industry while also shaping its future. We want to shed light on a vocabulary word that has unfortunately been lost in history: "beautician." Once a term that commanded respect, it has since been burdened with negative connotations. However, we believe it is time to restore its true meaning and reclaim its significance in the hair industry.

Candice McRae and Alicia Wilson, the visionaries behind Kitchen Beautician, have joined forces with a shared mission: to bring back the prestige of the beautician title and to preserve its historical importance in the hair industry. Throughout history, being a beautician meant being an activist, a community leader, and an educator. It was a title that commanded respect and carried immense influence.

We want to clarify that Kitchen Beautician is not solely focused on hair. While we certainly celebrate the beauty of hair, our magazine represents the beauty industry in all its forms. We delve into the psychological aspects of beauty, exploring the impact it has on individuals' self-perception and overall well-being. Additionally, we delve into the business side of the beauty industry, providing insights and guidance to aspiring entrepreneurs. We strive to initiate conversations that need to be had, addressing important topics such as representation, diversity, inclusivity, and social responsibility.

Through our content, we aim to empower our readers to embrace their beauty, ignite their passions, and make a positive impact on their communities. We showcase stories of resilience, success, and inspiration from beauty industry professionals who have overcome obstacles and made significant contributions.

The reign of the fabulous life has blessed me with the vision of seeing the great Beyoncé. Being a stan at this point is an understatement. AT&T Stadium's doors opened at 7 pm Central time, but the show did not start until 9 pm, giving fans enough time to get settled and socialize. Fans adorned themselves with flamboyant jewelry, chest pieces, and anything silver they could find!

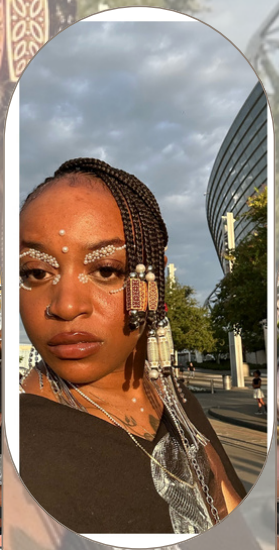
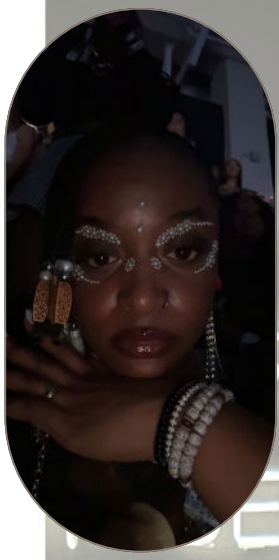
Let's talk about the wardrobe. In Dallas, the performer wore a unique tasseled Agent Provocateur outfit. This custom-made corset suit consisted of a metal plate and a boned body covered with Swarovski crystals. That's just the tip of the iceberg. Her opening outfit featured a Tiffany Blue gown covered in crystals with small feather details around the hem. She dazzled on stage while performing "1+1" and "Flaws and All."

Season Of Renaissance

By Sinia Green

Local Texas stores ran out of silver due to Queen Bey's North Texas takeover. My outfit inspiration was drawn from the illusion of diamonds and pearls. I've included a few outfit looks below, along with those of like-minded fans and loved ones. Unfortunately, I am still searching for outfit details as everything is labeled as "exclusive," and all the details have not been revealed. For the Houston show, she floated onto the stage in a Balmain polka-dotted dress with large statement pearls. Beyoncé is still on tour, so what has been your favorite outfit so far? At this point, if you're not a Beyoncé fan, it's because you haven't witnessed her live. She is a great force to be reckoned with. Please join in the fabulous lifestyle we all enjoy. Get into it!

Yours Truly, Live from the Beyhive





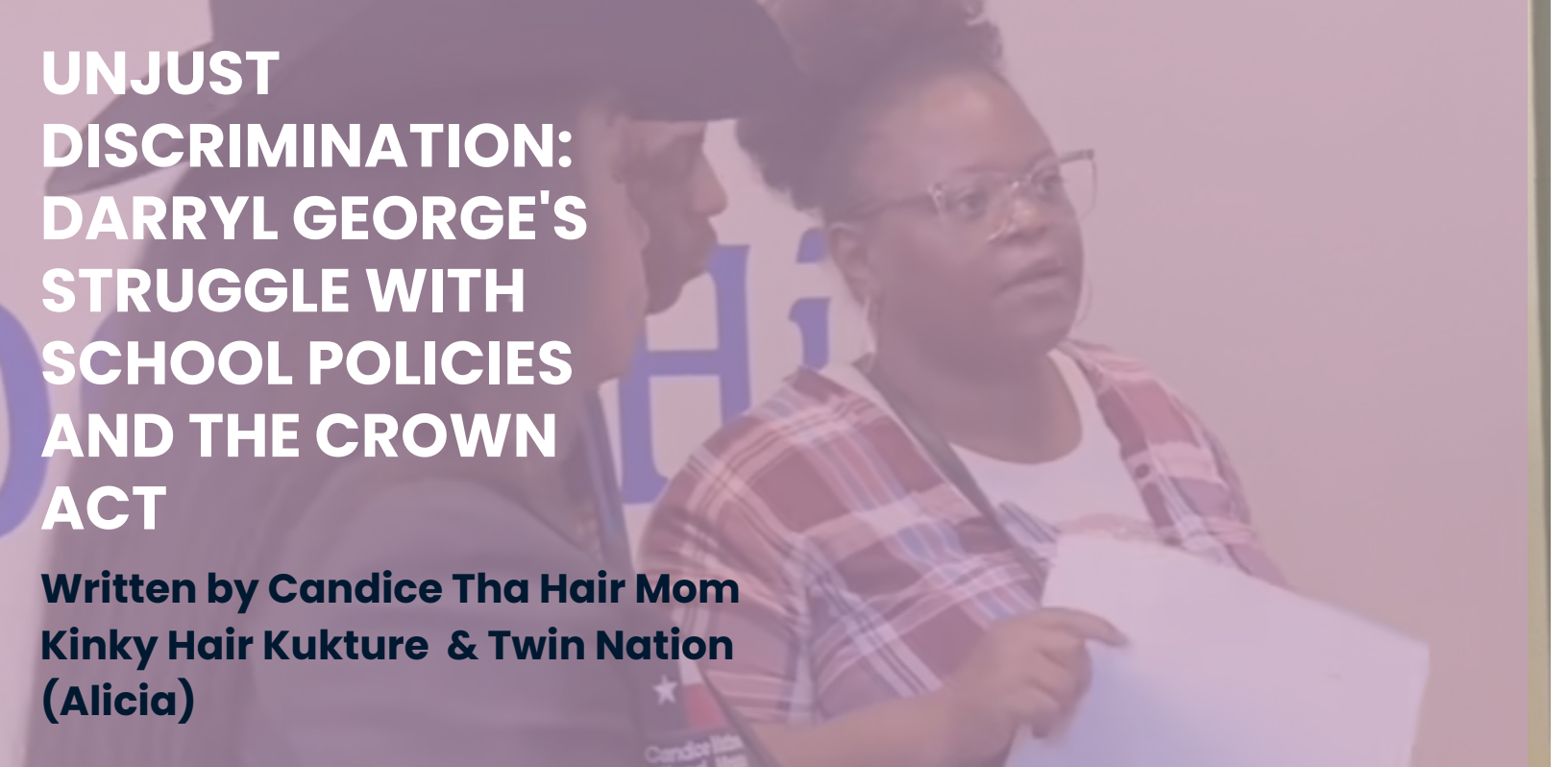


MOBIS

2023

12 Months
Without a Comb

Celebrating the Gift:
Nothing dreadful about
my Locks



UNJUST DISCRIMINATION: DARRYL GEORGE'S STRUGGLE WITH SCHOOL POLICIES AND THE CROWN ACT

**Written by Candice Tha Hair Mom
Kinky Hair Kulture & Twin Nation
(Alicia)**

Darryl George, a student at Barbara Hill School, found himself at the center of a controversy that highlights the ongoing challenges faced by individuals who choose to embrace natural hairstyles, particularly locks. Darryl's ordeal sheds light on how hair discrimination can persist even within educational institutions, despite efforts to address such issues. In this article, we will delve into Darryl's experiences, the school's hair policy, the Crown Act, and the "Kinky Hair Kulture" podcast, which keeps the public informed on these important matters.

Darryl George's Struggles

Darryl George faced a harsh reality at Barbara Hill School when he was suspended twice for not complying with the school's hair policy. The policy, which stipulated that male students' hair must not extend beyond their earlobes, posed a significant challenge for Darryl, who wore his locks pulled back and above his ears. Despite this seemingly neat and conservative style, he was subjected to suspension, raising questions about the fairness and equity of the school's policies.

Candice Matthews, a concerned individual, reached out to the Director of Communications at Barbara Hill School, seeking answers regarding the apparent double standard in enforcing the policy. She pointed out that a Caucasian student was allowed to wear his locks down to his shoulders while Darryl faced disciplinary action. The Director of Communications cited the presence of an exemption form for the Caucasian student and stated they were unaware of the reasons behind this decision. Dr. Matthews emphasized that Darryl's hair was significant to him, as it incorporated his father and grandfather's hair, making it an integral part of his identity.

The Crown Act and Its Significance

Coincidentally, during the same week that Darryl George faced suspension, Rep. Rhett Andrews Bower signed the Crown Act. The Crown Act, which stands for "Creating a Respectful and Open World for Natural Hair," is a groundbreaking legislative initiative aimed at preventing discrimination against individuals based on their natural and protective hairstyles, such as locks, braids, and twists. It recognizes that one's choice of hairstyle is deeply personal and cultural.

The Crown Act and Its Significance

Coincidentally, during the same week that Darryl George faced suspension, Rep. Rhetta Andrews Bower signed the Crown Act. The Crown Act, which stands for "Creating a Respectful and Open World for Natural Hair," is a groundbreaking legislative initiative aimed at preventing discrimination against individuals based on their natural and protective hairstyles, such as locks, braids, and twists. It recognizes that one's choice of hairstyle is deeply personal and cultural.

Addressing the Violation

Dr. Matthews highlighted that the school's actions violated the Crown Act law signed on September 1, 2023. The Director of Communications responded by asserting that the state representative indicated that the Crown Act was not about hair length but rather focused on the style. The Director emphasized that length and style were distinct factors and argued that Darryl's suspension was not related to the Crown Act.

Darryl's Legal Team and the Future

Darryl George's story has attracted attention not only from concerned individuals but also from a legal team that intends to address the discriminatory actions taken against him. As the situation unfolds, it underscores the importance of fair and equitable enforcement of school policies, particularly those relating to hairstyles.

Listening to "Kinky Hair Kulture" Podcast

For those interested in staying informed about the latest developments surrounding Darryl George's case and similar issues, the "Kinky Hair Kulture" podcast is a valuable resource. This podcast delves into various aspects of natural hair, including discussions on discrimination, societal perceptions, and the importance of embracing one's authentic self. Regularly tuning in to this podcast can provide listeners with updates, interviews, and insights from experts and individuals who have experienced hair discrimination firsthand.

Conclusion

Darryl George's experience at Barbara Hill School serves as a stark reminder that hair discrimination persists, even within educational institutions. The Crown Act represents a significant step forward in the fight against such discrimination, recognizing that everyone has the right to express themselves through their hairstyles.

As Darryl's story unfolds and the legal team takes action, we must collectively work toward a future where individuals are not penalized for their hairstyle choices. By raising awareness, questioning discriminatory policies, and staying informed through platforms like the "Kinky Hair Kulture" podcast, we can contribute to a more inclusive and respectful world for natural hair and cultural diversity.

For more on the story or any other hair stories, listen in on [KinkyHairKulture.com](https://www.kinkyhairkulture.com) or on all podcast platforms (Candice tha hair mom) and Instagram - [Twinnation15](https://www.instagram.com/Twinnation15) (Hair Talk Host Alicia Wilson)



RHETTA ANDREWS BOWERS

★
TEXAS STATE REPRESENTATIVE

Rep. Rhetta Andrews Bowers Releases Statement on Barbers Hill ISD Texas CROWN Act Violation

FOR IMMEDIATE RELEASE
9/22/2023

House Bill 567, also known as The Texas CROWN Act, authored by Representative Rhetta Andrews Bowers, became law on September 1st, 2023. The CROWN Act, which stands for Creating a Respectful and Open World for Natural Hair, prohibits discrimination on the basis of hair texture or protective hairstyle associated with race.

Darryl George, a student at Barbers Hill High School in Barbers Hill ISD, has faced disciplinary action and suspension due to his choice to wear locs, a hairstyle explicitly named and protected in the legislation. Many supporters of the CROWN Act, including Rep. Bowers, believe the school's choice to discipline this student for his protective hairstyle violates the CROWN Act.

Rep. Bowers released the following statement:

“

I stand firmly with Darryl George and his family through this incredibly difficult and trying time. The Texas CROWN Act was passed to prevent situations like this, and it is very disappointing to see Barbers Hill ISD attempt to find loopholes to skirt the law and perpetuate hair discrimination. I am calling for the district to revise their dress and grooming code in accordance with the CROWN Act and to end the disciplinary actions taken against Darryl George for wearing locs.

“I support any and all means necessary to bring justice, proper enforcement and implementation to all school districts and places of employment when it comes to compliance with the Texas CROWN Act. We will continue to advocate for Darryl George and educate the general public as to the protections of this new law – standing up for anyone that is treated unfairly and discriminated against in any way.”

###

CONTACT:

André Treiber, Chief of Staff
andre.treiber@house.texas.gov
(832) 377-9661

Unpacking Concerns: Are Mielle Organics Hair Products Causing Hair Loss?

written by Kinky hair Kulture (Candice tha hair mom)

Mielle Organics is a popular brand known for its natural and organic hair care products. With a focus on promoting healthy hair and catering to various hair types, Mielle Organics has gained a loyal customer base. However, in recent times, there have been claims and concerns raised by some consumers about hair loss allegedly linked to the use of Mielle Organics products. In this article, we will explore these concerns and examine whether there is any substantiated evidence to support these claims.

- **The Power of Personal Experience**

It's essential to recognize that personal experiences can vary widely when it comes to hair care products. What works exceptionally well for one individual may not yield the same results for another. Factors such as hair type, individual sensitivities, pre-existing hair conditions, and overall hair care routines can all influence how a product interacts with one's hair.

- **Ingredient Sensitivities**

One common reason behind adverse reactions to hair care products is ingredient sensitivities or allergies. Mielle Organics products, like many others on the market, contain a variety of natural and organic ingredients. While these ingredients are generally considered safe, some individuals may have sensitivities or allergies to specific components, which can lead to scalp irritation and hair loss.

- **Overuse and Misuse**

Overuse and misuse of hair care products, regardless of the brand, can also lead to hair problems. Excessive use of styling products, improper washing or rinsing techniques, and applying products too close to the scalp can contribute to product build-up, clogged follicles, and hair breakage, potentially resulting in hair loss.

- **Lack of Scientific Evidence**

It's crucial to note that there is a lack of scientific studies or evidence directly linking Mielle Organics products to widespread hair loss. While individual accounts of hair issues should not be dismissed, a conclusive connection between the brand and hair loss has not been established.


- **Addressing Concerns**

If you suspect that Mielle Organics products may be causing hair issues for you, it is advisable to take a proactive approach:

- Discontinue Use:** Stop using the product immediately if you experience adverse effects.
- Consult a Professional:** Reach out to a dermatologist or a trichologist who specializes in hair and scalp health. They can help diagnose any underlying issues and recommend appropriate treatments or changes to your hair care routine.
- Patch Test:** Before trying any new product, conduct a patch test to check for any adverse reactions on a small section of your skin or scalp.

While some individuals have reported concerns about hair loss linked to the use of Mielle Organics products, it's important to approach these claims with caution. Hair care is highly individual, and factors beyond the brand itself can contribute to hair issues. Mielle Organics, like any other hair care brand, has a range of products designed to address various hair needs. If you are experiencing hair loss or other hair-related problems, consulting a professional is the best way to determine the cause and find an appropriate solution tailored to your unique hair and scalp needs.



  · Follow
Aug 5 · 🌐

This the second I've used this product and all my hair came out **Mielle Organics** I blamed it on everything but this product but the second time I won't be fooled again throw it away !!!!!!!!!!!

